ABSTRACT OF THE DISCLOSURE

An image processing apparatus for executing recording preparation processing in accordance with a time interval in which a recording operation has not 5 been performed includes a first control unit (100) which controls generation of image data to be recorded, a pseudo-time measuring unit (101) which generates pseudo-time data, a calculation unit (201, 207) which calculates the time interval in which a recording unit 10 (205) is not executing the recording operation in accordance with the pseudo-time data, and a second control unit (201) which determines the recording preparation processing executed before recording the generated image data and controlling the processing 15 based on the determination.